

Be R.E.A.L.

Relationships * Extraordinary * Authentic * Loving

4 great evenings for your middle school girl and you!

For
Middle
School Girls
and their
Parents

Friendship Challenges?

Friendships are so important to middle school girls! When we listen to girls, we learn very quickly about their relationships – the ups and downs. What can girls do when friendships are unfriendly - in the neighborhood, at school or online? What can caring adults do to help?

Be R.E.A.L is for middle school girls who want to:

- Have positive, lasting friendships
- Gain tools for dealing with cliques, exclusion and when a line gets crossed
- Build confidence and have fun!

Be R.E.A.L is for adults who want to:

- Connect with other parents and caregivers
- Learn more about the social world of middle school girls
- Gain strategies to empower girls for positive friendships



**Tuesday nights
6:30–8:30pm
March 6, 13, 20, 27 • 2012**

Registration Information:

www.InstituteForGirlsDevelopment.com/bereal.html

(626) 585-8075 ext. 108

Program tuition: \$160 per family

Includes dinner & materials. Family includes daughter + 1-2 parent(s)/caregiver(s).

*Scholarships available
for qualified families.*



institute for girls' development
A Psychological Corporation

95 N. Marengo Avenue, Suite 100 • Pasadena, CA 91101

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