



Elementary School Group

Groups available for girls ages 6 - 11

Learning and Growing in a supportive environment

For children, group offers a place to belong and have fun with peers while developing skills. Girls get to talk about what's most important to them in a safe, caring context.

Girls develop and practice:

- Friendship skills
- Tools for identifying and managing feelings
- Conflict resolution skills
- Preparation for a healthy body image
- A sense of self-esteem and personal empowerment



Institute for Girls' Development
95 N. Marengo Ave., Suite 205
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626.585.8075
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To learn more or set up your personal pre-group meeting, contact 626.585.8075, ext. 108.

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institute for girls' development
A Psychological Corporation

ABOUT THE INSTITUTE FOR GIRLS' DEVELOPMENT

Girls and women face incredible opportunities and challenges today.

Here at the Institute for Girls' Development, we are dedicated to empowering girls and women through:

- Self-discovery
- Embodied Living
- Hardiness Skills
- Growth Fostering Relationships

We offer caring, comprehensive, and innovative programs and services for girls, women, families, and circles of community.

PROGRAMS AND SERVICES

- Individual therapy
- Family, Parenting & Couples Therapy
- Groups for Girls, Teens and Adults
- Parents Finding Solutions (including services for new moms)
- Psychological Assessment
- Summer Workshop Programs
- Community Education & Consultation
- Presentations & Trainings

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