95 N. Marengo Ave., Suite 205
Pasadena, CA 91101
626.585.8075
www.InstituteForGirlsDevelopment.com

SOCIAL-EMOTIONAL LEARNING RESOURCES FOR THE CLASSROOM

Books for Teachers and Parents

Best Friends, Worst Enemies: Understanding the social lives of children by Michael Thompson, Ph.D. and Catherine O'Neill Grace. New York: Ballentine Books/2001

Building Emotional Intelligence: Techniques to cultivate inner strengths in children by Linda Lantieri and Daniel Goleman.

Emotional Intelligence: Why it can matter more than IQ by Daniel Goleman. 10th Anniversary Edition: 2006.

Good Friends are Hard to Find: Help your child find, make and keep friends by Fred Frankel, Ph.D. Los Angeles, CA: Perspective Publishing. 1996.

Mom, They're Teasing Me: Helping Your Child Solve Social Problems by Michael Thompson, Ph.D., Lawrence J. Cohen, Ph.D., with Catherine O'Neill Grace. N.Y.: Ballentine Books. 2002.

Odd Girl Out: The hidden culture of aggression in girls by Rachel Simmons. New York: Harcourt, Inc. 2002.

Queen Bees and Wannabees by Rosalind Wiseman. Crown Publishing, 2002.

Raising Cain: Protecting the Emotional Life of Boys (2000). Kindon, Dan, Ph.D. and Thompson, Michael, Ph.D. (Particularly Chapter 4: The Culture of Cruelty)

Real Boys: Rescuing Our Sons from the Myths of Boyhood (1998). Pollack, William, Ph.D. (Particularly Chapter 8: The World of Boys and Their Friendships and Chapter 10: Schools: The Blackboard Jumble)

Social Intelligence: The new science of human relationships by Daniel Goleman. 2007.

Specific Resources for Educators

Bullying Prevention: Creating a positive school climate and developing social competency by Pamila Orpinas and Arthur Horne. (Washington, DC: American Psychological Association, 2005).

Connecting with Students by Allen N. Mendler. (Alexandria, Virginia: Association of Supervision and Curriculum Development, 2001).

Teaching Children to Care: Classroom management for ethical and academic growth by Ruth Charney (2002).

The Educator's Guide to Emotional Intelligence and Academic Achievement: Social-Emotional Learning in the Classroom by Maurice J. Elias & Harriett Arnold (Eds.) Thousand Oaks, CA: Corwin Press, 2006.

You can't say you can't play by Vivian Gussin Paley.

On our Institute website, enjoy informative articles in P*ublications* http://www.instituteforgirlsdevelopment.com/.
Some sections of particular interest include:
- § Healthy Decision Making
- § The Social World of Girls
- § The Emotional Lives of Girls
- § Hardiness and Growth Mindset

Professional organizations and collaborations for educators:
www.ASCD.org The Association of Supervision and Curriculum Development is "an educational leadership organization dedicated to advancing best practices and policies for the success of each learner."

www.CASEL.org Collaborative for Academic, Social, and Emotional Learning. "Our mission is to establish social and emotional learning (SEL) as an essential part of education. We envision a world where families, schools, and communities work together to promote children's success in school and life and to support the healthy development of all children. In this vision, children and adults are engaged life-long learners who are self-aware, caring and connected to others, and responsible in their decision-making. Children and adults achieve to their fullest potential, and participate constructively in a democratic society." Information, resources, evaluations of school wide programs, downloadable pdf's to use in the classroom and with parents.

http://www.learningforward.org/ Website for the National Staff Development Council. Online resources include an extensive library of downloadable staff development articles. Workshops delivered around the country.

http://www.schoolclimate.org/ Center for Social and Emotional Education CSEE offers a variety of professional development programs and services to help school leaders, educators, schools, districts, and states to support sustained school improvement.

Resources for students, parents and educators:
www.4girls.gov Cool site about girls' social, emotional and physical health and well being. Beneficial for older middle school and high school girls. Check out this section on friendship and bullying: http://www.4girls.gov/bullying/whatis/

www.bam.gov Go to the section called "My Life" to read about helpful solutions. The CDC sponsors this site for older elementary and middle school youth. Great to look at with your child.

www.esrnational.org/es/rccp.htm A program by Educators for Social Responsibility (ESR), the Resolving Conflict Creatively Program is a well-evaluated, K-8 program in character education and social and emotional learning. It is the nation's largest and longest running school program with a special focus on conflict resolution and intergroup relations.

www.kidshealth.org Click on "Parents," then choose from many categories, such as "Emotions & Behavior" and "Positive Parenting," to access dozens of articles on a wide range of topics that will help you understand—and care for—your child better.

www.ncvc.org (National Center for Victims of Crime). Click on the Teen Victim Project for resources for teens – includes info on harassment, hate crimes, gang violence, date rape, stalking, and other crimes effecting teens.

www.shykids.com This website provides a lot of helpful advice for building confidence, making friends, talking to grown-ups, and overcoming shyness. Click on "Chit-Chat" for more examples of phrases you can use to start and continue conversations. The site also has a lot of cool links to other sites where you can learn about social activities and groups.

www.StopBullyingNow.hrsa.gov Information, skills, games, and animated webisodes to help teens deal. Sponsored by the US Department of Health and Human Services.