



# CREATIVE CONNECTIONS SUMMER WORKSHOP

A FUN SUMMER ARTS PROGRAM FOR MIDDLE SCHOOL GIRLS

institute for *girls'* development<sup>®</sup>

**Monday, June 17 - Friday, June 21  
or Monday, August 5 - Friday, August 9  
9am - Noon**

**\$495 until May 30, then \$525  
Plus \$15 bring-a-friend discount!**

Looking for a summer program designed to help your daughter improve her relationships, resilience, confidence and happiness skills - in a supportive environment that's also creative and inspiring? This is it!

Creative Connections combines unique art projects, dynamic discussion, mindfulness activities, and interactive skill-building to empower and engage the girls.

Research and experience demonstrate creative expression offers a variety of benefits - and it's particularly empowering for teens.

Expressive arts can spark the imagination and facilitate productive communication. Plus, it's fun - especially in a supportive group environment designed to build camaraderie. Join us!

## Facilitator Sushi Frausto, MA, LMFT

"My training combines expressive arts with other approaches, and it includes the use of art materials and all forms of creative expression to help clients engage and process at the deepest level. My goal is to offer tools for self-exploration and growth." (LMFT 101031)



To learn more, contact Paige Hobey at [PHobey@IFGD.care](mailto:PHobey@IFGD.care) or 626.585.8075 ext 121.