

# **PROFESSIONAL TRAINING INSTITUTE**

# institute for *girls*' development®

### **STAND UP! SPEAK OUT!®**

### Curriculum Training: Empowering Friendship & Conflict Resolution Skills

For professionals empowering girls - and all children and teens - to navigate their friendship worlds. This curriculum is being implemented in many schools and after-school programs.

### Thursday & Friday, July 18 - 19 9:00am - 4:00pm

\$595 early bird rate until May 15 + \$20 group discount Curriculum book sold separately. 12 CE Credits

### **MINDFULNESS TOOLS:**

#### Helping Children & Teens Stress Less & Connect More

For mental health professionals, educators, and youth program leaders. Learn creative, fun and meaningful tools and exercises to support the effective use of mindfulness in school, after school and in therapy.

# Saturday, July 20

### 9:30am - 3:30pm

\$175 early bird rate until until May 15 + \$15 group discount 5 Continuing Education Credits



### **Institute Training Faculty**



### Melissa J. Johnson, PhD

Licensed psychologist and the founder and CEO of the Institute for Girls' Development, Dr. Johnson and her team deliver strength-based therapy, inspiring educational programs, and consultation with schools and districts to help create positive school climates. Dr. Johnson is a sought-after speaker, the author of *Stand Up! Speak Out!*® *Empowering Skills for Girls' Friendships: The Essential Guide for Educators and Others Who Work with Girls*, and a regular contributor to professional and parenting publications. (PSY 13102)

### Vicki Chiang, PsyD

Licensed psychologist and clinical director of the Child and Adolescent Specialty Program (CASP) at the Institute for Girls' Development, Dr. Chiang serves on the Institute's Leadership Team and Training Faculty. She is known in the community for her work in social/emotional learning for girls and boys. A gifted and empowering speaker and trainer, Dr. Chiang has found collaborations with mental health professionals, educators, and youth program providers to be integral in creating hardiness zones for youth. (PSY 21136)

### Learn practical tools and the latest research. Grow professionally and personally. Develop connections with colleagues.

### Questions? Contact us at PHobey@IFGD.care or 626-585-8075 ext. 121. Register now on our website!

### InstituteForGirlsDevelopment.com

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### **GET SOCIAL MEDIA SAVVY**

#### What Every Adult Working with Youth Should Know about Social Media

For educators and mental health professionals hoping to help children and teens create healthy balance around social media and screen time

### Friday, June 14 / 9:00am - 12:00pm

\$120 early bird rate until until May 15 + \$10 group discount 3 Continuing Education Credits

## **GENDER EXPANSIVE YOUTH**

#### Best Practices - How to Offer a Positive Experience for Gender Expansive Youth

In the medical, mental health, and educational fields, we're working with an increasing number of youth who identify on the gender spectrum. Learn how to offer a positive experience and the right support.

### Friday, August 9 / 9:00am - 12:00pm

\$120 early bird rate until until May 15 + \$10 group discount 3 Continuing Education Credits



### Melissa J. Johnson, PhD

#### Founder and CEO of the Institute for Girls' Development Licensed Psychologist - PSY 13102



### Vicki Chiang, PsyD

Clinical Director: Child and Adolescent Specialty Program Licensed Psychologist - PSY 21136



**Paige Hobey, M.A.** Director of Community Education and Outreach

### Institute Training Faculty

### Erin Norton, PsyD



Post-doctoral Fellow Supervised by Melissa Johnson, PhD - PSY 13102

> **Caroline Carter, PsyD** LA Gender Center Licensed Clinical Psychologist - PSY 30377



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