

## **We Are Hiring!**

### **Licensed Therapist: DBT Specialty**

We are excited to be expanding our DBT team! The Institute for Girls' Development, located in Pasadena, California, is hiring a licensed therapist to join our DBT team. We have a comprehensive program for girls, teens, and young women with three skills groups (middle school multi-family, high school multi-family, and young women) and an adapted DBT program for latency age girls and their parents. The specialists on this team also provide treatment for non-binary and transgender youth.

### **Responsibilities would include:**

- Carrying a caseload of comprehensive, individual DBT clients (including phone coaching).
- Leading weekly DBT skills groups.
- Participating in weekly DBT Team Consultation meeting.
- Attending DBT trainings: support is provided for ongoing advanced training and work with our team consultant, Dr. Charlie Swenson.
- Supervising opportunity: Licensed DBT therapists have the possibility of supervising pre-licensed therapists.
- Treating a select number of clients in our Child and Adolescent Specialty Practice.
- Other responsibilities as assigned.

### **Qualifications:**

- Licensed Therapist: LMFT, LPCC, LCSW, Psychologist or License eligible.
- A background of working with children, adolescents, families, and groups.
- A passion for working with girls, young women and their families.
- Previous experience participating on a DBT team, providing individual DBT therapy and leading DBT skills groups.
- Completion of Foundational Training is preferred; however we will consider candidates who have completed other DBT trainings, including Advanced Trainings.
- Interest in innovative program development and evaluation.
- Motivation to work with our team to build our program and practice.
- Interest in ongoing advanced DBT training, including moving toward DBT Certification in the future.
- Computer literacy in Microsoft Office (Word, Excel, and Outlook) is required.
- Knowledge of current research and theory on girls' development is desirable.

## **More about our Dialectical Behavior Therapy (DBT) Specialty Practice:**

The specialists on this team provide treatment to girls, teens, young women (elementary school through young adulthood), and transgender and non-binary youth. They also provide services for the parents of these youth and young adults. The clients served in this practice often have a history of self-harm, emotional regulation challenges, suicidal ideation, and previous hospitalizations. Our DBT team provides skills groups, individual DBT therapy, phone coaching, and participates in weekly DBT case consultation, mindfulness practice, and self-study. Skills groups and coaching for parents are also provided. DBT therapists provide some select services in the Child and Adolescent Specialty Practice.

## **Hiring Procedures:**

This is a full-time position at 40 hours per week. Positions are available now. Start dates are negotiable.

## **Compensation:**

Base salary plus percentage-based bonus, 2 weeks paid vacation, paid holidays and sick pay, group health insurance plan, 401k plan, annual educational and professional memberships stipends.

## **To apply:**

1. Provide a cover letter, explaining your interest in this position. Include your curriculum vitae and 3 references.
2. Email to Dr. Melissa Johnson, CEO at [HR@InstituteForGirlsDevelopment.com](mailto:HR@InstituteForGirlsDevelopment.com).
3. In the subject line, specify your interest - Licensed Therapist DBT Practice

## **More about the Institute:**

The Institute for Girls' Development is located in the heart of Old Town Pasadena in a beautiful historic building, shared with Parson's Nose Theater and Eden Bar & Grill. We are just a short walk away from many shops and restaurants, city hall, the Metro Gold Line, and Memorial Park.

