



Parent Education Talks

By Dr. Melissa Johnson

Choose one of the following topics or customize a talk to meet your community's needs:

Co-Ed:

- **Fostering Social and Emotional Intelligence:**
Help your Children Build Resilience and Become Happier, Kinder and More Compassionate
- **Building Grit:** Fostering Passion and Perseverance in Everyday Life
- **Tough Conversations in Hard Times:**
How to Talk to your Children about Difficult Topics and Help them Build Resilience
- **Stand Up! Speak Out!**
Help Children Navigate their Friendship Worlds

Focusing on Girls:

- **Fostering Leadership in our Daughters**
- **Get Social Media Savvy**
- **Cliques, Conflicts and Connections**

Dr. Johnson has given recent talks for a variety of local school communities and organizations:

- Carver Elementary School
- John Burroughs High School
- Lycee International de Los Angeles
- Valentine Elementary School
- The Waverly School
- Women's Career Conference of Pasadena
- USC Verdugo Hills Hospital: Parent Education
- NCL Pasadena
- Girls' Friendly Society Diocese of LA

" I recently saw Dr. Johnson give a talk on fostering leadership in our daughters. It was empowering and incredibly useful information as we navigate these teenage years. We want our daughters to have grit and determination - how to do this mutually and with mindfulness? I learned quite a bit and am grateful for having had the opportunity to hear Dr. Johnson." - Parent Feedback



Speaker: Melissa J. Johnson, PhD

Licensed psychologist and the founder and CEO of the Institute for Girls' Development, Dr. Johnson and her team deliver strength-based therapy, inspiring educational programs, and consultation with schools and districts to help create positive school climates. Dr. Johnson is a child-development expert and a sought-after speaker, author and contributor to professional and parenting publications. (PSY 13102)

To discuss rates and availability, contact Paige HobeY at PHobeY@IFGD.care or 626-585-8075 ext. 121.