



Superflex Academy

**A SUPER FUN, SOCIAL SKILLS-BUILDING WEEKLY THERAPY GROUP
FOR GIRLS IN 2ND - 5TH GRADES**

institute for *girls'* development[®]

Mondays from 3:45pm to 4:45pm
Sep. 10 - Dec. 17
\$85 per session for 15 sessions

Led by Morgan Fletcher, Psy.D.

(PSB94022934) Supervised by Vicki Chiang, Psy.D, (PSY21136)

and Danielle Neddo, Psy.D.

(PSY29486)

- This imaginative, empowering weekly therapy group teaches friendship and emotional regulation skills while reducing anxiety.
- Designed for girls who would benefit from tools to improve attention, impulsivity, flexibility and reading social cues.
- Girls defeat the Unthinkables - cool characters who represent tough behaviors like Space Invader, Glassman and Topic Twistermeister.

- **Get ready to fly!** Yes, the girls will don their very own superhero capes as they partake in exciting adventures with the Unthinkables!
- **Get creative!** They'll use art supplies and inspiration to make personalized books.
- **Get moving!** High energy, indoor and outdoor activities keep everyone on the move.
- **Get social!** Superflex builds friendship skills, confidence and camaraderie. Join us!

Call 626-585-8075 ext. 108 to learn more or schedule an intake session.

Empowering girls & women for life * 626-585-8075 ext. 108 * InstituteForGirlsDevelopment.com

Melissa J. Johnson, PhD (PSY 13102)