

## **STAND UP! SPEAK OUT!®**

A FUN SUMMER WORKSHOP THAT FOSTERS
EMPOWERMENT, CREATIVITY AND FRIENDSHIP SKILLS

## institute for Girls' development®

Monday, June 25 - Friday, June 29 Monday, July 23 - Friday, July 27 Join us for one week or both! 1 pm - 4 pm, Mon - Thurs

1 pm - 5 pm, Friday

\$525 - \$30 bring a friend discount

## **GIRLS ENTERING GRADES 3-5**

Come join us for five fun-filled afternoons of indoor and outdoor games, skits, journaling, art projects, mindfulness activities and more! Learn essential skills to help maintain healthy friendships, use assertiveness and approach challenges with confidence and compassion. This summer - have fun, get creative, make new friends and learn important skills for life!

## **PARENTS**

Included in your daughter's week-long workshop:

- One Tuesday evening parent presentation: Cliques, Conflicts, and Connections. Details on our website.
- The Stand Up! Speak Out!® Open House celebration! Join us on Friday from 4-5pm for a presentation by the summer workshop participants.

Register online or contact Paige Hobey at PHobey@IFGD.care or 626.585.8075 ext 121.