



# Parent Education Talks

By Dr. Melissa Johnson

Choose one of the following topics or customize a talk to meet your community's needs:

*Co-Ed:*

- **Fostering Social and Emotional Intelligence:**  
Help your Children Build Resilience and Become Happier, Kinder and More Compassionate
- **Building Grit:** Fostering Passion and Perseverance in Everyday Life
- **Tough Conversations in Hard Times:**  
How to Talk to your Children about Difficult Topics and Help them Build Resilience
- **Stand Up! Speak Out!**  
Help Children Navigate their Friendship Worlds

*Focusing on Girls:*

- **Fostering Leadership in our Daughters**
- **Get Social Media Savvy**
- **Cliques, Conflicts and Connections**

Dr. Johnson has given recent talks for a variety of local school communities and organizations:

- Carver Elementary School
- John Burroughs High School
- Lycee International de Los Angeles
- Valentine Elementary School
- The Waverly School
- Women's Career Conference of Pasadena
- USC Verdugo Hills Hospital: Parent Education
- NCL Pasadena
- Girls' Friendly Society Diocese of LA

"I recently saw Dr. Johnson give a talk on fostering leadership in our daughters. It was empowering and incredibly useful information as we navigate these teenage years. We want our daughters to have grit and determination - how to do this mutually and with mindfulness? I learned quite a bit and am grateful for having had the opportunity to hear Dr. Johnson."

- Parent Feedback



## Speaker: Melissa J. Johnson, PhD

Licensed psychologist and the founder and CEO of the Institute for Girls' Development, Dr. Johnson and her team deliver strength-based therapy, inspiring educational programs, and consultation with schools and districts to help create positive school climates. Dr. Johnson is a child-development expert and a sought-after speaker, author and contributor to professional and parenting publications. (PSY 13102)

To discuss rates and availability, contact Lisa Brooks at [LBrooks@IFGD.care](mailto:LBrooks@IFGD.care).



# School Programs

We offer schools a variety of tools for enhancing their social and emotional learning programs for students, parents, and faculty. Most school administrators working with us choose a combination of the following:

- **Parent Education Talks** on topics customized to the needs of the school community
- **Purchase of our Stand Up! Speak Out® Essential Curriculum** for use in the classroom
  - > Originally designed for empowering girls in positive friendships, the curriculum is adaptable for use with all genders. The skills have been researched for use with boys and girls, and a number of schools have used it with all youth.
- **Faculty Training** at your school on a variety of topics, customized for your needs. We also offer Faculty Training on effective implementation of Stand Up! Speak Out!® at the Summer Training Institute in Pasadena.

To learn more about our school programs, contact Paige Hobey, Community Outreach Director, at [PHobey@IFGD.care](mailto:PHobey@IFGD.care) or 626-585-8075 ext. 121.

We've provided faculty training, parent education talks, and/or curriculum support for a wide variety of schools, including:

- Chandler School
- Los Feliz Charter School for the Arts
- The Waverly School
- Palm Crest, Paradise Canyon and La Canada Elementary Schools
- Monterey Hills Elementary
- Hastings Ranch Nursery School
- The Stratford School

## Educator feedback we've received:

- Stand Up! Speak Out!® elegantly names and makes sense of the experiences in relationships that we've witnessed in our children and remembered from our own experiences..."
- "highly beneficial in providing clear, concrete ways to intervene and build skills for effective communication"
- "extremely valuable in how to address and resolve conflicts"
- "... a warm, compassionate program that deals with the child's perceptions and...teaching skills. It was comprehensive and thorough."

CEO & Founder: Melissa J. Johnson, PhD PSY (13102) \* [InstituteForGirlsDevelopment.com](http://InstituteForGirlsDevelopment.com)