



# RAINBOW GRIT™

institute for *girls'* development®

## **Weekly Therapy Group For Middle and High Schoolers**

**Our Rainbow Grit groups for LGBTQAI youth are designed to provide connection, support, and positive coping skills.**

**Here we offer a safe, respectful environment of likeminded youth to explore identity, celebrate diversity, and strengthen authenticity.**

For more information please contact us at 626-585-8075, ext. 108.

**Empowering girls & women for life \* 626-585-8075 ext. 108 \* [InstituteForGirlsDevelopment.com](http://InstituteForGirlsDevelopment.com)**

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